



# Early Childhood Series 2011



All classes meet 6:15 – 8:15 p.m.,  
Berkley Child and Family Development Center, 1012 East  
52nd Street, Kansas City, MO.

Registrants will receive 0.2 CEUs for each workshop. Cost:  
\$18.00 each. Minimum enrollment: 14

## **Stress & the Early Childhood Teacher: What's stressing us out and what we can do about it**

September 8, 2011

For the early childhood professional, even personal stress can affect work and interactions with the children in our care. In this workshop, participants will learn what research says about the major sources of stress for early childhood professionals, as well as some practical ways to deal with stress. Participants will focus on both in-the-moment stress remedies and longer-term solutions to balance their reactions to stress.

**Registration deadline: September 1, 2011**

Instructor: Kathleen T. Cross, M.A.

## **Fostering Young Children's Curiosities Through Science Teaching**

November 10, 2011

Many early childhood teachers express a concern about their inability to teach science. This workshop will give them ideas for integrating science into the different areas of the typical classroom. Participants will be exposed to science inquiry language and focus on science learning in naturalistic, informal, and structured settings. Teachers will have opportunities to work with materials using a science lens and be asked to share their ideas with the entire group. Through group work, lecture, and conversation participants will hear and see how to introduce science concepts to young children, helping to improve and grow their confidence in teaching science to young children.

Registration deadline: November 3, 2011

Instructor: Janet Stern, M.A.

## **Engaging Materials and Curriculum Planning for Infants and Toddlers, birth-36 months**

December 8, 2011

Participants will learn to implement developmentally appropriate activities and routines, while minimizing stress on themselves as teachers. As presenters, we will discuss what has worked for us and allow time for participants to break into small groups to pass on ideas to one another. Participants will also look at ways to apply a material (e.g., paint) or a routine (e.g., mealtimes) to various age groups.

**Registration deadline: December 1, 2011**

Instructor: Kathleen T. Cross, M.A.,  
and Megan McPherson, B.A.

To register-Contact  
Continuing Education at  
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